

yoga with Anne

june 4 | 11:00-12:15

Welcome to this all-level yoga class!

This carefully crafted sequence includes breathwork, movement, and stillness. It will give you the grounding you need to experience a sense of lightness and to open up to the magic of life.

PRICE: 240 NOK

REGISTRATION: aterrayoga@gmail.com

LOCATION: Bratsbergvegen 2

Registration is binding.

No refund for cancellation after May 25.

www.terrayoga.no

