

january 15 – june 17

monday	tuesday	wednesday	thursday	friday	saturday	sunday
					10:30-11:45 mixed vinyasa** <i>Kristine</i>	11:00-12:15 mixed vinyasa** <i>Anne</i>
17:00-18:15 yoga basic <i>Anne</i>	17:00-18:15 Terra sequence <i>Anne</i>	17:20-18:35 vinyasa 1 <i>Pia Lise</i>		17:00-18:15 mixed vinyasa** <i>Anne</i>		
18:25-19:40 vinyasa 1 <i>Anne</i>	18:25-19:40 beginner series* <i>Anne</i>	18:45-20:00 pilates <i>Jessica</i>				

* registration required. More info at www.terrayoga.no/workshops

** registration required on the following dates: january 26-28, march 2-4, april 13-15, may 11-13, and june 8-10

punch card

5 classes: 950 NOK
10 classes: 1750 NOK
15 classes: 2400 NOK

unlimited membership

4 weeks: 1200 NOK
semester: 3900 NOK
(21 weeks)

beginner series 1150 NOK

drop in 200 NOK

students 10% discount

