

holiday yoga

mon 17.12	tues 18.12 17:30-18:45 slow flow Elin-Kristin	wed 19.12 17:30-18:45 qigong Axel	thurs 20.12 17:15-18:30 hatha Anne	fri 21.12 17:00-18:15 vinyasa Anne	sat 22.12	sun 23.12
mon 24.12	tues 25.12	wed 26.12	thurs 27.12	fri 28.12 17:00-18:15 vinyasa Anne	sat 29.12	sun 30.12 11:00-12:15 power flow Anne
mon 31.12	tues 1.01	wed 2.01	thurs 3.01	fri 4.01 17:00-18:15 vinyasa Anne	sat 5.01	sun 6.01 11:00-12:15 power flow Anne
mond 7.01 17:00-18:15 basic Anne	tues 8.01 18:00-19:15 vinyasa Viktoria	wed 9.01 18:55-20:10 pilates Jessica	thurs 10.01 17:15-18:30 hatha Anne	fri 11.01 17:00-18:15 Vinyasa * Anne	sat 12.01 10:30-11:45 power flow * Kristine	sun 13.01 11:00-12:15 power flow * Jessica W.

* registration recommended

investment

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registration and questions

aterrayoga@gmail.com

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